

When You Travel, Our Travel Network is Only a Phone Call Away

When you are on vacation or away from home, APWU Health Plan's national Preferred Provider Organization (PPO) **TRAVEL** network, CIGNA Healthcare, is there for you. A little planning before hand can help if you need to find a provider in a hurry when you are out of town. Call CIGNA at 800/582-1314 to locate PPO doctors and hospitals where you will be traveling.

Even if you don't plan ahead, finding a PPO provider in another area is easy and fast—CIGNA's number is on your APWU Health Plan Member ID card sleeve. If you do need to make a medical visit, remember to show your Member ID card and sleeve when receiving care so that you receive your best cost savings. Just remember, anytime you leave your state of residence, CIGNA is your travel network.

Another hint for travel emergencies—call our toll-free Nurse Advisory Line at 888/993-0333. Registered nurses are available 24/7 for information and advice whether you're at home or away.