



YOUR FUTURE ON YOUR OWN TERMS

Your prescription plan covers contraceptives at no cost to you.

Under the Affordable Care Act, your plan covers contraceptive medications and medical devices approved by the U.S. Food and Drug Administration. There are many contraceptive options available to you that can help prevent pregnancy, including:¹

- Medication taken by mouth (“the pill”)
- Skin patch
- Vaginal ring
- Cervical cap
- Diaphragm
- Shot/injection
- Implantable rod
- Intrauterine systems (“IUD”)
- Emergency contraceptives
- Over-the-counter methods

Consult with your health care provider to ensure you are using the contraception method most appropriate for you, your body and your future.



1. The success rate of contraceptive methods varies, depending on the specific medication or device utilized