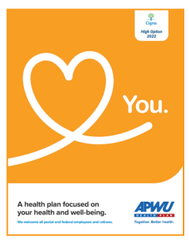
We welcome all postal employees and retirees.

APWU Health Plans 2022

Members are like family.

Choose a plan that's right for you.

Enroll during Open Season, November 8 – December 13, 2021



Cigna

Features the Cigna Healthcare provider network.

High Option 100% covered services

- Preventive care and treatment
- Lab tests (covered blood work performed at LabCorp and Quest Diagnostics)
- Maternity care
- Accidental injury outpatient services within 72 hours
- Diabetes generic oral medications
- Visits to a registered dietician/nutritionist
- Tobacco cessation and weight management programs
- Breast cancer screenings for women

Save money with virtual visits through Amwell®.

The copay for a virtual visit is just $15.

High Option 2022 premiums

Premium rates

Self Only (enrollment code 471)		Self Plus One (enrollment code 473)		Self & Family (enrollment code 472)	
Biweekly	**Monthly**	**Biweekly**	**Monthly**	**Biweekly**	**Monthly**
$106.39	$230.51	$212.96	$461.41	$268.83	$582.46

Tribal employees: Please contact your Tribal Benefits Officer for exact rates.



United Healthcare

UnitedHealthcare administers the Consumer Driven Option.

Consumer Driven Option 100% covered services

- In January, the Health Plan funds a Personal Care Account (PCA) members can use for covered medical services. Members are covered at 100% until the PCA is exhausted. The Plan funds the PCA at $1,200 for Self Only and $2,400 for Self Plus One and Self and Family.
- Preventive care and screenings
- Maternity care
- Well-woman care
- Healthy pregnancy and tobacco cessation programs

In-network copays.

No upfront deductible, coinsurance or copay until you exhaust your PCA.

Receive a discount on prescriptions when you use the OptumRx® Home Delivery.

Consumer Driver Option 2022 premiums

Premium rates
No rate increase!

Self Only (enrollment code 474)		Self Plus One (enrollment code 476)		Self & Family (enrollment code 475)	
Biweekly	**Monthly**	**Biweekly**	**Monthly**	**Biweekly**	**Monthly**
$69.65	$150.91	$151.38	$327.99	$165.14	$357.81

APWU special rates biweekly
***Reduced rates**

APWU career less than 1 year in FEHB	PSE	APWU career more than 1 year in FEHB	APWU career less than 1 year in FEHB	PSE	APWU career more than 1 year in FEHB	APWU career less than 1 year in FEHB	PSE	APWU career more than 1 year in FEHB
$69.65	$69.65	$13.93	$151.38	$151.38	$30.28*	**$165.14**	$165.14	$33.03*

Tribal employees: Please contact your Tribal Benefits Officer for exact rates.

Contact your local Health Plan Representative

NAME:

Open season hotline
800-PIC-APWU
apwuhp.com/enroll
virtualopenseason@apwuhp.com

APWU HEALTH PLAN

TOGETHER. BETTER HEALTH.

This is a summary of benefits and features offered by the APWU Health Plan. All benefits are subject to the definitions, limitations and exclusions set forth in the Plan's Brochure (RI 71-004).
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