Cigna
High Option
2023

Welcome
to a health plan that values you.

All postal and federal employees and retirees can enroll.

Enroll during Open Season, November 14 – December 12, 2022

Premiums for the 2023 plan year.

Self Only
enrollment code 471

Biweekly	Monthly
$121.00	$262.16

Self Plus One
enrollment code 473

Biweekly	Monthly
$238.95	$517.73

Self & Family
enrollment code 472

Biweekly	Monthly
$302.26	$654.90

Tribal employees: Please contact your Tribal Benefits Officer for exact rates.

High Option
100% covered in-network services

- Preventative care and screenings
- Lab tests (covered blood work performed at LabCorp and Quest Diagnostics)
- Maternity care
- Accidental injury outpatient services within 72 hours
- Diabetes generic oral medications
- Visits to a registered dietician/nutritionist
- Tobacco cessation and weight management programs
- Breast cancer screenings for women

Save money with virtual visits through Amwell®

The copay for a virtual visit is just $10

In-network copays

$25 for office visits, including specialists

$30 for urgent care

$10 for retail non-specialty Tier 1 drugs

Save on prescriptions by using the Express Scripts® *Smart90*® program

Contact your local Health Plan Representative

NAME:

Open Season hotline
800-PIC-APWU
apwuhp.com/open-season

APWU HEALTH PLAN

This is a summary of benefits and features offered by the APWU Health Plan. All benefits are subject to the definitions, limitations and exclusions set forth in the Plan's Brochure (RI 71-004).
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