



Welcome

to your 2025 Postal
Service Health Benefits
(PSHB) Program.

We give our pledge to protect and support you.

High Option

Consumer
Driven Option

Enroll in your 2025 PSHB health plan during Open Season
Nov 11 – Dec 9, 2024

Scan to enroll

High Option 2025 premiums

★ Reduced premiums for 2025! ★

Self PSHB enrollment code 23A		Self Plus One PSHB enrollment code 23C		Self & Family PSHB enrollment code 23B	
Biweekly	Monthly	Biweekly	Monthly	Biweekly	Monthly
\$109.86	\$238.03	\$213.05	\$461.61	\$277.28	\$600.77
★★★★★		★★★★★		★★★★★	

Consumer Driven Option 2025 premiums

Your own Personal Care Account (PCA) helps pay for medical expenses.

Self PSHB enrollment code 23D		Self Plus One PSHB enrollment code 23F		Self & Family PSHB enrollment code 23E	
Biweekly	Monthly	Biweekly	Monthly	Biweekly	Monthly
\$80.62	\$174.68	\$175.23	\$379.66	\$191.16	\$414.17
★ APWU special rates biweekly ★ For APWU career bargaining unit employees with more than 1 year in PSHB/FEHB.					
Self PSHB enrollment code 23D		Self Plus One PSHB enrollment code 23F		Self & Family PSHB enrollment code 23E	
APWU career less than 1 year and PSE	APWU career more than 1 year	APWU career less than 1 year and PSE	APWU career more than 1 year	APWU career less than 1 year and PSE	APWU career more than 1 year
\$80.62	\$16.12	\$175.23	\$35.05	\$191.16	\$38.23
★★★★★		★★★★★		★★★★★	

Choose between two plans that feature a nationwide
UnitedHealthcare® network of 1.7+ million providers.

As of July 2023



Receive 100% coverage for
some in-network services:

- ✓ Preventive care and screenings
- ✓ Maternity care and support
- ✓ Breast cancer screenings
- ✓ Tobacco cessation program
- ✓ Accidental injury outpatient services within 72 hours (High Option only)
- ✓ Blood work performed at LabCorp and Quest Diagnostics (High Option only)

NEW for 2025

- ✓ **High Option:** First two Teladoc® Virtual Visits are free
- ✓ **Consumer Driven Option:** Receive a \$25 wellness incentive for completing a mammogram and a \$25 wellness incentive for completing a cervical cancer screening

Both options include Medicare prescription drug plan (PDP) coverage at no extra cost.

**All eligible postal workers
and retirees can enroll.**

800-PIC-APWU
openseason.apwuhp.com
openseason@apwuhp.com

Contact your local Health Plan Representative

Name:

Premiums for Tribal employees are shown under the monthly premium rate column. The amount shown is the maximum you will pay. Your Tribal employer may choose to contribute a higher portion of your premium. Please contact your Tribal Benefits Officer for exact rates.

This is a summary of benefits and features offered by the APWU Health Plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the Plan's Brochure (RI 71-004).

The information provided is for general informational purposes only and is not intended to be medical advice or a substitute for professional health care. You should consult an appropriate health care professional for your specific needs and to determine whether making a lifestyle change or decision based on this information is appropriate for you. Some treatments mentioned may not be covered by your health plan. Please refer to your benefit plan documents for information about coverage.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., Optum Rx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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