

# Brochure Review

*Presented by*

*Sharon Morehead and Kevin Davis*



# Introduction



- Brochure
  - Layout
  - Sections
  - Changes
- Review Benefits
  - Changes for 2025

APWU Health Plan  
[www.apwuhp.com](http://www.apwuhp.com)  
Customer Service 800-222-2798

**APWU**  
**HEALTH PLAN**

**2025**

**A Fee-for-Service Plan (High Option) and a Consumer Driven Health Plan with Preferred Provider Organizations**

This plan's health coverage qualifies as minimum essential coverage and meets the minimum value standard for the benefits it provides. See page 8 for details. This plan is accredited. See page 13.

**Sponsored and administered by: American Postal Workers Union, AFL-CIO**

**Who may enroll in this Plan:** All Federal Service employees and annuitants who are eligible to enroll in the FEHB Program. To enroll, you must be, or must become, a member or associate member of the American Postal Workers Union, AFL-CIO.

**To become a member or associate member:** All active Federal Service employees and annuitants must be, or must become, dues-paying members of the APWU, to be eligible to enroll in the Health Plan. All Federal members and annuitants must become associate members of APWU, see page 131 for details.

**Membership dues:** Associate members will be billed by the APWU for the \$35 annual membership fee, except where exempt by law. APWU will bill new associate members for the annual dues when it receives notice of enrollment. APWU will also bill continuing associate members for the annual membership.

**Postal Employees and Annuitants are no longer eligible for this plan (unless currently under Temporary Continuation of Coverage).**

**Enrollment codes for this Plan:**

**High Option:** 471 Self Only, 473 Self Plus One, 472 Self and Family  
**Consumer Driven Option:** 474 Self Only, 476 Self Plus One, 475 Self and Family

Authorized for distribution by the:

**United States**  
**Office of Personnel Management**

Healthcare and Insurance:  
<http://www.opm.gov/insure>

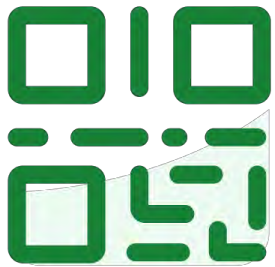
**FEHB**  
Federal Employees  
Health Benefits Program

RI 71-004

# Pop Quiz Brochure Review



slido



Join at [slido.com](https://slido.com)  
**#6998757**

① Start presenting to display the joining instructions on this slide.



What is the in-network copay for a standard office visit under the High Option Plan?

① Start presenting to display the poll results on this slide.

# POP QUIZ



What is the in-network copay for a standard office visit under the High Option Plan?

\$10

\$20

✓ \$25

\$30



**What is the in-network copay for a standard office visit under the Consumer Driven Plan?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



What is the in-network copay for a standard office visit under the Consumer Driven Plan?

\$10

\$20

\$25

✓ N/A





**Do inpatient hospital services  
under the High Option Plan  
require prior authorization?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



Do inpatient hospital services under the High Option Plan require prior authorization?

- ✓ Yes
- No



**Do inpatient hospital services under the Consumer Driven Plan require prior authorization?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



Do inpatient hospital services under the Consumer Driven Plan require prior authorization?

- ✓ Yes
- No



**What is the member coinsurance for in-network services when using a UHC provider under the High Option Plan?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



What is the member coinsurance for in-network services when using a UHC provider under the High Option Plan?

10%

✓ 15%

20%

25%



**What is the member coinsurance for out-of-network services under the Consumer Driven Plan?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



What is the member coinsurance for out-of-network services under the Consumer Driven Plan?

30%

40%

45%

✓ 50%





**Does the High Option Plan  
include dental services?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



Does the High Option Plan include dental services?

- ✓ Yes
- No



**Does the Consumer Driven  
Plan include dental  
services?**

① Start presenting to display the poll results on this slide.

# POP QUIZ



Does the Consumer Driven Plan include dental services?

Yes

✓ No

# FEHB Brochure Layout



- **Introduction/FEHB Facts** (pgs.4-12)
- **Section 1: How This Plan Works** (pgs.13-14)
- **Section 2: Changes for 2025** (pg.15)
- **Section 3: How You Get Care** (pgs.16-24)
- **Section 4: Your Costs for Covered Services** (pgs.25-31)
- **Section 5: Benefits**
  - High Option (pgs.32-78)
  - Consumer Driven Option (pgs.79-129)
  - Non-FEHB Benefits (pg.130)

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# FEHB Brochure Layout



- **Section 6: General Exclusions (pgs.131-132)**
- **Section 7: Filing a Claim for Covered Services (pgs.133-135)**
- **Section 8: The Disputed Claims Process (pgs.136-138)**
- **Section 9: Coordinating Benefits with Medicare and Other Coverage (pgs.139-150)**
- **Section 10: Definitions (pgs.151-156)**
- **Summary of High Option (pgs.157-158)**

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# FEHB Brochure Layout



- **Summary of Consumer Driven Option (pgs.159-160)**
- **Index (pgs.161-162)**
- **2024 Rate Information (pg.166)**

# Introduction

- Health Plan Address
- Healthcare Fraud
- Never Event
- Patient Safety
- FEHB Facts
- Who's Covered and When?





# Section 1

## How This Plan Works



# How This Plan Works - High Option



- PPO Network (UnitedHealthcare PPO)
  - PPO Directory online at: [www.apwuhp.com](http://www.apwuhp.com)
- Prompts to filter your search results
  - Provider Type
  - Specialty
  - Facility Type
  - Distance from home/work
- Call APWU Health Plan at: 800-222-2798

# How This Plan Works - Consumer Driven Option



- PPO Network (UnitedHealthcare PPO)
  - PPO Directory online at: [www.whyuhc.com/apwu](http://www.whyuhc.com/apwu)
- Prompts to filter your search results
  - Provider Type
  - Specialty
  - Facility Type
  - Distance from home/work
- Call UnitedHealthcare at: 800-718-1299

# Section 2

## Changes for 2025



# Changes for 2025 - High Option

- TeleHealth Visits: The Plan will now cover your first two virtual visits with Teladoc with no member cost share (pg. 36)
- Preventive Care: The Plan will move RSV prophylaxis coverage from Section 5(f), Prescription Drug Benefits to Section 5(a), Medical Services and Supplies, with no member cost share (pg. 35)

*(continued on next slide)*

# Changes for 2025 - High Option

- Omada Program for Weight Loss: New virtual health program that will help members lose weight and create healthier behaviors. Members will be required to participate in the program to continue authorization of weight loss medications. (pg. 78)  
*(FEHB Only)*
- Medicare Advantage: The Plan will increase Part B reimbursement from \$85 to \$100. The Plan will also provide a new eyewear allowance every 24 months (\$130 glasses; \$175 contacts) (pg. 144)

# Changes for 2025 - Consumer Driven Option



- Wellness Incentive: The Plan will add a \$25 health reward for completion of a mammogram and cervical screening as an incentive. Members will receive \$25 to their PCA for each visit (pg. 129)
- Personal Care Account (PCA): Medicare Part B enrollees may request Part B premium reimbursement, if PCA funds are available (pg. 87)

# Section 3

## How You Get Care





# How You Get Care



- ID Cards
- Precertification
  - Services that need precertification
  - How to request precertification
  - Penalties for non-compliance/late requests
- Steps to request reconsideration of a pre-service decision
- Steps to appeal a decision

# ID Cards



- FEHB Cards: Due to the Health Plan's office move, all FEHB members will receive a new ID card with the new Health Plan P.O. Box.
- PSHB Cards: Members enrolled in the PSHB will receive a new ID card:
  - New Medical Group Number: 78-800681
  - New RxGRP Number: APW95B4
  - New Rx Phone Number: 866-716-7354

# Do I need Precertification?

(pgs. 18-22)



- Applied Behavioral Analysis (ABA)
- **CDO Only: Cardiology services (outpatient diagnostic catheterizations, echocardiograms, stress echocardiograms and outpatient electrophysiology implant procedures)**
- Durable Medical Equipment (DME) and prosthetic devices
- Genetic testing, including BRCA testing
- High Tech Radiology (CT/CAT Scans, MRI, MRA, PET)
- Skilled Nursing Facilities (SNF)

# Section 4

## Your Costs for Covered Services



# Your Costs for Covered Services - High Option



- Out-of-Pocket Costs
  - Copay
  - Deductible
  - Coinsurance
- PPO vs. Non-PPO
  - Balance Billing (services not otherwise addressed by the No Surprises Act (NSA))
- Catastrophic Costs/Maximum Out-of-Pocket

# Accumulations to Max Out-of-Pocket - High Option



Applied	Not Applied
5%, 15%, 30%,40% coinsurance	Amounts exceeding Plan allowance
\$10, \$25, \$30 copay	Amounts over max limits, accumulations
Medical deductible(s)	Precertification penalties
25%, 45% Rx coinsurance	\$300 copay for admission to out-of-network facility
\$10, \$20 Rx copay	50% Rx coinsurance
	Non-Covered Charges

# High Option Deductible



Eligible deductible amounts for all family members are applied toward the maximum.

Deductibles	
PPO	Non-PPO
Self Only: \$450	Self Only: \$1,000
Self Plus One: \$800	Self Plus One: \$2,000
Self and Family: \$800	Self and Family: \$2,000
Catastrophic Limit	
Self Only: \$6,500	Self Only: \$12,000
Self Plus One: \$13,000	Self Plus One: \$24,000
Self and Family: \$13,000	Self and Family: \$24,000
Coinsurance	
15%	40%

# High Option Copayments

A fixed amount of money you pay when you receive covered services.

Service	Copay
Office Visit Chiropractic Visit (24 visit limit) Acupuncture Treatment (26 visit limit)	\$25
Virtual Office Visit through Teladoc <b>(no cost share for first 2 visits)</b>	\$10
Virtual Office Visit through UHC	\$25
Urgent Care	\$30
Admission to non-participating hospital	\$300
Prescription drugs	\$10 Generic - Retail \$20 Generic Mail Order



# High Option Coinsurance



- The percentage of covered allowances for which the patient is responsible. Coinsurance does not begin until the deductible has been met.
  - 15% of allowance for PPO care
  - 40% of allowance for non-PPO care
  - 30% of allowance for routine dental services
  - 5% of allowance for treatment of cancer at Cancer Centers of Excellence
  - 25%; 45% Brand named Rx

# Your Costs for Covered Services - Consumer Driven Option

- Out-of-pocket Cost

- Copay (none)
- Deductible
- Coinsurance



- In-Network vs. Out-of-Network

- Balance billing - Services not otherwise addressed by the No Surprises Act (NSA)

# Deductible - Bridge Between PCA and Traditional Insurance



## PCA

(Covered services paid at 100%)

## Deductible

(You pay full cost until deductible is met)

## Coinsurance

(Cost sharing)

# Personal Care Account (PCA)



An established benefit amount which is available to use first to pay for covered hospital, medical, dental and vision expenses.

Self Only	Self Plus One	Self and Family
\$1,200	\$2,400	\$2,400

*(continued on next slide)*

# Personal Care Account (PCA)



- Members are given an account on day one of coverage
- PCA is fully funded and provided annually by the Health Plan
- Pays covered medical expenses at 100% as long as funds are available
- Any unused funds will rollover to the next year

PCA Rollover Maximum		
Self Only	Self Plus One	Self and Family
\$5,000	\$10,000	\$10,000

# Controlling Your PCA



- PCA rolls over
- FSA does not roll over
- Member can turn off PCA for a selected period of time
- Member can now use FSA for healthcare expenses
- Except for Rx

# APWU Health Plan - Postal PCA Experience



Date	2025 Postal Policy # 935443	Comments
1/1/25	2025 PCA \$1,200/\$2,400	<p><i>Only 1/1/2025 Dates of service will be processed on the new policy</i>  <i>The PCA will apply toward <b>2025 claims</b> until exhaustion</i>  <b><u>New for 2025</u></b> Part B Premiums &amp; Part D Out of Pocket cost will need to be submitted manually  <i>**If members want to shut off the PCA, they would need to update the new policy</i>  <i>***Prior 2024 PCA balance will remain under the 714081 policy to apply to 2024 claims until 3/1/25</i></p>
3/1 - 3/17/25	UHC team is pulling over remaining balances & applying to new policy	
3/18/25	Updated PCA balance available (2024 remaining + 2025 new)	<p><b>2025 PCA will include any rollover \$\$ to apply to <b>2025 claims</b></b>  <i>Max balance exchange will be applied \$5,000/\$10,000</i></p>
Ongoing		<p><i>****If members need balance adjustments or claim adjustments outside of this timeline, please call UHC Member Services 1-855-808-3003</i></p>

# PCA (HRA) Reimbursement - [www.myuhc.com](http://www.myuhc.com)

**United Healthcare**

Messages Search My Account

Home Find Care & Costs Claims & Accounts Coverage & Benefits Pharmacies & Prescriptions

## Welcome

**My recent claims**

Subscriber	Status	Amount owed
(Subscriber)	Approved	\$86.12
	Approved	\$190.21

**My account and spending**

Health Reimbursement Account

**Claims**

- My claims
- Prior authorization
- Submit a claim**

**Spending accounts**

- My spending overview
- HRA (Health reimbursement account)
- Deductible and out of pocket

**Documents & Forms**

- Claim letter
- Health statement
- Release of information

**My care providers**

View ID card View benefits

**NEW FOR 2025**  
Part B Premiums & Part D  
Out of Pocket Expense  
Reimbursement

Choose a claim from the list below

- COVID-19 At-Home Test**  
For purchase of at-home test kits  
(Not for tests given by a provider)  
For test kits purchased by 5/11/2023  
(End of COVID-19 PHE)  
[Start a claim](#)
- HRA**  
To receive payment from your Health Reimbursement Account  
**[Start a claim](#)**
- Medical and Mental Health**  
For provider visits, ER, urgent care, substance user treatment and other services  
[Start a claim](#)
- Prescription Drugs**  
For prescriptions covered through your Optum Rx plan  
[Start a claim](#)

Feedback Chat



# PCA (HRA) Reimbursement

[www.myuhc.com](http://www.myuhc.com)



Receive payment from your Health Reimbursement Account (HRA)

Please select one claim type



Dental



Hearing



Medical



OTC (over-the-counter)



Pharmacy



Vision

Part B Premiums  
Submit under Medical



Part D Cost Share  
Submit under RX



Back

Next >

# PCA (HRA) - How to shut off automatic reimbursement

The screenshot shows the United Healthcare portal interface. A green arrow points from the 'Claims & Accounts' menu item to the 'HRA (Health reimbursement account)' link in the 'Spending accounts' section. Another green arrow points from the 'Manage Automatic Payments' button to the 'Add Direct Deposit' button.

**United Healthcare**

Messages Search My Account

Home Find Care & Costs Claims & Accounts Coverage & Benefits Pharmacies & Prescriptions

**Welcome**

**My recent claims**

Status Approve Amount owed 12

**My account and spending**

Health Reimbursement Account

**Claims**

- My claims
- Prior authorization
- Submit a claim

**Spending accounts**

- My spending overview
- HRA (Health reimbursement account)**
- Deductible and out of pocket

**Documents & Forms**

- Claim letters
- Health statements
- Release of information

**Financial Accounts**

Select: Current Year

**Health Reimbursement Account** Details

Employer Contribution	Incentive Earned	Carryover Balance	Total Funds	Year to Date Payments	Balance
\$2,400.00	\$50.00	\$35.52	\$2,450.00	\$1,817.33	\$668.19


How it Works > Frequently Asked Questions > View Claims > Submit a Claim >

**Manage Direct Deposits and Automatic Payments!**

Manage Automatic Payments Add Direct Deposit

Chat

# PCA (HRA)-How to shut off automatic reimbursement



MessagesSearchMy Account

HomeFind Care & CostsClaims & AccountsCoverage & BenefitsPharmacies & Prescriptions

## Automatic Payments

When claims are processed (such as medical, vision, dental or pharmacy) and you're responsible for a portion of the costs, you can choose to have the claim automatically rollover to your Flexible Spending Account for payment.

### Current Automatic Payment Settings

Settings for plan year:  
1/1/2024 - 12/31/2024

Health Reimbursement AccountEnrolled

Discontinue

# Consumer Driven Option Deductible



Deductibles	
In-Network	Out-of-Network
Self Only: \$1,000	Self Only: \$1,500
Self Plus One: \$2,000	Self Plus One: \$3,000
Self and Family: \$2,000	Self and Family: \$3,000
Catastrophic Limit	
Self Only: \$6,500	Self Only: \$12,000
Self Plus One: \$13,000	Self Plus One: \$24,000
Self and Family: \$13,000	Self and Family: \$24,000
Coinsurance	
15%	50%

# PCA/Family Deductible

## Consumer Driven Option



- Self Plus One or Self and Family:  
**\$2,400 PCA plus \$2,000 deductible =  
\$4,400 “Total Deductible”**
- Once member one meets an additional out-of-pocket of \$2,100 for a total of \$6,500 (*the out-of-pocket maximum for Self Only*) their claims for covered services will be paid at 100%
- Once member two meets the additional Self Plus One out-of-pocket \$6,500 (*for a total of \$13,000 for the family*), that person’s claims will be paid at 100%

# Coinsurance

## Consumer Driven Option



- The percentage of covered allowances for which the patient is responsible:
  - 15% of allowance for in-network care
  - 50% of allowance for out-of-network care
  - 10% of allowance for treatment of cancer at a Cancer Center of Excellence
  - 10% of allowance for transplants performed at a Transplant Center of Excellence
  - 25% of prescription formulary allowance
  - 40% of non-preferred brand name drugs

# Personal Care Account (PCA)

- Dental
  - Vision
  - Rollover
  - Medicare B Reimbursement
- (Pg.86 - 87)



## Section 5. Personal Care Account (PCA)

### Important things you should keep in mind about your Personal Care Account:

- All eligible healthcare expenses (except in-network preventive care) are paid first from your Personal Care Account (PCA). Traditional Health Coverage (under CDHP Section 5) will only start once your Personal Care Account is exhausted.
- Note that in-network preventive care covered under CDHP Section 5, does NOT count against your PCA.
- The Personal Care Account provides full coverage for both in-network and out-of-network providers. However your Personal Care Account will generally go much further when you use network providers because network providers agree to discount their fees.
- You have flexibility about how to spend your PCA, and the Plan provides you with the resources to manage your PCA. You can track your PCA on your personal private website, by telephone at 1-800-718-1299 (toll-free), or with quarterly statements mailed directly to you at home.
- If you join this Plan during Open Season, you receive the full PCA (\$1,200 per Self Only, \$2,400 per Self Plus One or \$2,400 per Self and Family enrollment) as of your effective date of coverage. If you join at any other time during the year, your PCA for your first year will be prorated at a rate of \$100 per month for Self Only or \$200 per month for Self Plus One or Self and Family for each full month of coverage remaining in that calendar year.
- Unused PCA benefits are forfeited when leaving this Plan.
- If PCA benefits are available in your account at the time a claim is processed, out-of-pocket expenses will be paid from your PCA regardless of the date the expense was incurred.
- If the member has funds available in the PCA account, claims will always be paid out of the PCA first. If the member would like to use their FSA to pay a bill prior to using the PCA, please instruct the provider not to submit the claim to UnitedHealthcare. The member should get a copy of the bill from the provider and submit to the FSA carrier for reimbursement. This means that in some cases, the member may have to pay the cost of the services up front.
- Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are medically necessary.
- Be sure to read Section 4, *Your Costs for Covered Services*, for valuable information about how cost-sharing works. Also read Section 9 for information about how we pay if you have other coverage, or if you are age 65 or over.
- **YOU MUST GET PRECERTIFICATION FOR HOSPITAL STAYS; FAILURE TO DO SO WILL RESULT IN A MINIMUM \$500 PENALTY.** Please refer to the precertification information shown in Section 3 to confirm which services require precertification.
- Members can turn off the PCA for medical claims only via [www.myuhc.com](http://www.myuhc.com). Medical claims must then be submitted manually to UnitedHealthcare. Pharmacy claims will continue to pay from the PCA.



# Section 5

## Benefits

*High Option, Consumer Driven Option,  
Non-FEHB Benefits*





# Benefits - Section 5(a) - 5(i)



- a) Medical Services and Supplies
- b) Surgical and Anesthesia Services
- c) Services Provided by a Hospital or Other Facility
- d) Emergency Services
- e) Mental Health and Substance Use Disorder
- f) Prescription Drug Benefits
- g) Dental Benefits
- h) Wellness and Other Special Features
- i) Health and Education Resources and Account Management Tools

# Medical Service and Supplies



## Section 5(a)

- Office, hospital visits
- X-ray and diagnostic tests
- Preventive Care
- Maternity
- Infertility
- Therapies
- Hearing
- Foot Care
- DME
- Home Health Services
- Chiropractic
- Acupuncture

# Preventive Care

## In-Network Consumer Driven Option

- Covered services paid at 100%
- PCA is not used
- Annual exam
- Bloodwork
- Immunizations
- Screenings



# Preventive Care

## In-Network High Option



- \$0.00 Patient responsibility
  - Immunizations recommend by CDC for both children and adults
  - Annual routine exam, adults
  - Well baby/child visits
  - See brochure for comprehensive list of covered services

**Note:** A service or treatment performed when symptoms of illness are present may not be considered preventive for the purpose of this coverage.

**Example:** A colonoscopy performed when a patient has been experiencing bleeding.

# Virtual Office Visits



- Allows a patient to see and talk to a physician from a computer, tablet, or compatible mobile device.
- A doctor can:
  - Speak to you about minor medical concerns
  - Provide a diagnosis
  - Transmit a prescription to your local network pharmacy
- In-network benefit only

# Virtual Office Visits

## High Option



- Call 800-835-2362 or visit [www.teladoc.com](http://www.teladoc.com) for information on virtual visits
  - **New! The Plan will now cover the first 2 virtual visits with Teladoc with *NO* member cost share**
  - Subject to a \$10 copay through Teladoc
- TeleHealth Services through a UHC provider
  - Subject to a \$25 copay

# Virtual Office Visits

## Consumer Driven Option



- Login to [www.myuhc.com](http://www.myuhc.com) for information on virtual office visits:
  - Virtual Visits providers through [www.myuhc.com](http://www.myuhc.com): Teladoc, AmWell, Doctor on Demand, Optumcare 24 and Telehealth at 15% coinsurance
  - Virtual visits are subject to 15% of the Plan allowance
- Mental health and Substance Use Disorder call 1-800-718-1299 or login to [www.myuhc.com](http://www.myuhc.com) for information on virtual visits.
  - Virtual visits are subject to 15% of the Plan allowance

# Surgical and Anesthesia Services

## Section 5(b)

- Surgical procedures
- Anesthesia
- Organ Transplants
- Oral Surgery
- In-network vs. out-of-network facility





# Hospital/Facility and Ambulance

## Section 5(c)



- Inpatient Room and Board
- Cancer Centers of Excellence
- Outpatient Hospital or Ambulatory Surgical Center
- Hospice
- Extended Care/Skilled Nursing
- Ambulance

# Skilled Nursing Facility



Services rendered at a Skilled Nursing Facility (SNF) are covered for up to 30 days per person per calendar year when admitted directly from a covered inpatient hospital stay.

- Prior authorization required

HIGH OPTION		CONSUMER DRIVEN OPTION	
PPO	Non-PPO	In-Network	Out-of-Network
15% of covered charges	\$300 per admission and 40% of covered charges and any difference between our allowance and the billed amount	15% of covered charges	50% of covered charges and any difference between allowed and billed amount

# Emergency Services/Accidents

## Section 5(d)

- Accident: An injury resulting from violent external force
- Medical Emergency: Sudden onset of symptoms that you believe endangers your life or could result in serious disability if not treated promptly
- Urgent Care Center
- Ambulance



# Mental Health and Substance Use Disorder Section 5(e)

- Office Visits
  - Virtual Office Visits
- Treatment
- Inpatient
- Outpatient
- Preauthorization



# Mental Health and Substance Use Disorder Preauthorization



- Requirements:
  - Inpatient Services
  - Intensive Outpatient Services
  - Transcranial Magnetic Stimulation (TMS)
  - Applied Behavioral Analysis (ABA)
  - Services at a Residential Treatment Facility
- Contacts:
  - High Option: UnitedHealthcare 866-569-2064
  - Consumer Driven Option: UHC Behavioral Health Solutions 1-800-718-1299

# Prescription Drugs

## Section 5(f)

- Express Scripts/OptumRx
- Formulary
- FDA approved
- Brand vs. Generic
- Network
  - Retail
  - Mail Order
  - Specialty
- Coverage review
- Step Therapy
- **Section 5(f)(a) - PSHB PDP**



# Prescription Drug Features



- Vendors
  - High Option: Express Scripts
  - Consumer Driven Option: OptumRx
- National Preferred Formulary
  - List of medications selected based on clinical effectiveness and lower cost
- Generic Drugs
  - Chemical equivalent of a corresponding name brand drug
  - Available at a lower cost

# Specialty Drugs

- Must be obtained through:
  - High Option: Accredo Specialty Pharmacy
  - Consumer Driven Option: OptumRx Specialty Pharmacy
- Injectable, infused, oral or inhaled drugs:
  - Require frequent dosing adjustments
  - Intensive patient training
  - Limited product availability
  - Specialized product handling

*(continued on next slide)*



# Specialty Drugs

- Targeted conditions include:
  - Cystic Fibrosis
  - Gaucher Disease
  - Growth Hormone Deficiency
  - Hepatitis C
  - Rheumatoid Arthritis



# Prescription Coverage Definitions

- Drugs covered only with a prior authorization include:
  - Growth Hormones
  - Botox
  - Retin-A
  - Drugs for gender transition
- Step Therapy/Coverage Review
  - Ensures Generic/Brand alternatives within a therapeutic category is the first-line treatment
  - Full list of affected drug categories:
    - High Option (pg. 74)
    - Consumer Driven Option (pg. 124)

# Dental Benefits

## High Option, Section 5(g)



- Preventive care only
  - 2 visits, including fluoride treatments per year
  - 2 cleanings per year
  - 2 X-rays per year
- Other covered dental services
  - Restorative fillings
    - Does not include crowns or in-lay, on-lay restoration
- Cost sharing: 30% of Plan allowance plus any difference in provider's fee and Plan allowance

# Dental Benefits

## Consumer Driven Option, Section 5(g)



- Dental services are not covered
- Can use up to \$400 from PCA for Self Only enrollment or \$800 for Self Plus One or Self and Family enrollment

To save on dental today, you can use Careington Dental Network: [Save on Dental Today! | Careington & APWU \(www.welcometouhc.com/apwu\)](http://www.welcometouhc.com/apwu)

# Wellness and Other Special Features

## High Option, Section 5(h)



- 24-hour Nurse Line
- Health Management Programs
  - Pregnancy Support Program
    - Maven Maternity
  - Cancer Support Program
  - Kidney Resources Program
  - One Pass Select Gym Discount
  - UnitedHealthcare Hearing
  - **Omada Program for Weight Loss**



# Health Education Resources and Account Management Tools

## Consumer Driven Option, Section 5(i)

- Online tools and resources
- Consumer choice information
- Special Programs
  - MAVEN - Maternity Support Program
  - Kidney Resources Program
  - Orthopedic Health Support
  - Cancer Support
  - One Pass Select Gym Discount Program
  - AbleTo (Behavioral Health Support)
  - UnitedHealthcare Hearing
  - Careington Dental



# Section 6

## General Exclusions



# General Exclusions

- Experimental or investigational procedures, drugs, services
- Biofeedback; non-medical self-help training services
- Services, drugs, supplies that are not medically necessary

(See full list on pg.131-132)





# Section 7

## Filing a Claim



# Filing a Claim



- Claims
  - Where to file
  - Addresses, electronic payor numbers, phone numbers
- Deadlines
  - Timeframe for filing claims based on when services were rendered
- Overseas
  - Documentation needed for reimbursement
  - Address to submit claims

# Section 8

## Disputed Claims



# Disputed Claims



- Written request for reconsideration
  - Timeframes to appeal
  - Supporting documents needed
- APWU Health Plan response within 30 days
- Member appeals to OPM
- OPM response

# Section 9 Coordinating Benefits (*FEHB PDP*)

# Section 10 Definitions



# Last Pages

- Summary of Benefits High Option (pgs.157-158)
- Summary of Benefits Consumer Driven Option (pgs.159-160)
- Index (pgs.161-162)
- Notes (pgs.163-165)
- Rate Information (pg.166)



# Questions for Closing Session

Email any questions to:

[closingsessionquestions@apwuhp.com](mailto:closingsessionquestions@apwuhp.com)

You will receive an email following our Seminar with a link to fill out your class evaluations online.

*Thank You!*

