

4 vaccines *To get when you're* pregnant

Vaccines are an essential part of a prenatal health plan that helps you and your baby stay safe.



TDAP

Recommendation: 1 dose for each pregnancy

When: Between weeks 27 and 36

Protects against: Tetanus, diphtheria, and whooping cough



FLU

Recommendation: 1 dose each year

When: Before the end of October

Protects against: Seasonal influenza



COVID-19

Recommendation: 1 dose each year

When: With your annual flu shot

Protects against: SARS-COV-2



RSV

Recommendation: 1 dose

When: Weeks 32 and 36, September – January

Protects against: Respiratory syncytial virus

Getting vaccinated
helps keep your newborn safe

When you get vaccinated, your body creates antibodies that are passed on to your baby before birth. These antibodies provide protection until your baby is old enough for vaccines.



The information provided is for general informational purposes only and is not intended to be medical advice or a substitute for professional health care. You should consult an appropriate health care professional for your specific needs and to determine whether making a lifestyle change or decision based on this information is appropriate for you. Some treatments mentioned may not be covered by your health plan. Please refer to your benefit plan documents for information about coverage.

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